



# Under the PUGLIAN SUN

*The Mediterranean Way*

APRIL 2026

A Soulfully Curated Escape  
For Food & Drink Lovers



# Elegant. Immersive. Transformational

Imagine waking each morning in the golden light of Southern Italy olive trees dancing in the breeze, the scent of fresh herbs in the air, and your day beginning with a peaceful Mediterranean Rise & Align wake up.

This is not simply a tour, it is a bespoke immersion into the refined rhythm of the Mediterranean, where slow living meets high style. Guided by best selling author & rich life and travel strategist Anita and world-renowned Chef Dario, you'll experience rare access to the stories, artisans, flavors, and hidden places most travelers never see.

Explore the UNESCO cave dwellings of Matera, the trulli rooftops of Alberobello, and the quiet nobility of baroque Lecce. Wander the ancient streets of Bari, taste burrata made steps from the cows, and share laughter and wine under the stars in private estates and family-run masserias and Michelin Star restaurant..





Dario is raised in Italy and known globally for his culinary mastery, will guide you through exclusive hands-on cooking experiences, while Anita brings the travel & soul: moments of reflection, rejuvenation, and connection with yourself, your partner, and the Mediterranean way of life.

Accommodations include a restored luxury farmhouse estate near Alberobello and a [boutique hotel](#) in Lecce, offering comfort, character, and curated elegance. Travel is seamless with limo private transfers and a dedicated host team ensuring every detail is handled with care.

This journey is for those who value more than luxury. It is for those who crave meaning, beauty, and reconnection to themselves, to life, and to something timeless.

*Let this be more than a vacation.  
Let it be a transformation.*





Puglia is unlike anywhere else in Italy, a region where ancient traditions and refined simplicity create an experience as rich as the land itself. This is not a place of crowds and clichés. It's a place of soul.

Join us for a curated journey where food, wine, and culture come alive in ways most travellers never access. Savor local wines, taste golden olive oil, make pasta with a nonna, and indulge in unforgettable meals crafted by renowned Chef Dario Tomaselli himself.

Connect with likeminded travelers who value meaning, culture, and joyous genuine friendships over shared experiences that often blossom into lifelong connections beyond the journey..

*Journey for the Curious, the Cultured, the Connected*



# An Invitation for Those Who Desire Connection, Culture & Curated Luxury

## New to Puglia

This journey is your insider pass to one of Italy's best kept secrets. If you've been to Tuscany or the Amalfi Coast and long for something more authentic, soulful, and undiscovered Puglia will exceed your expectations. You won't just see the highlights you'll be welcomed into the kitchens, cellars, and hearts of the people who live them. With Anita & Dario as your guides, you will experience the real Italy: slow, sensory, and unforgettable.

*"I've been to Italy before, but this was different. I didn't feel like a tourist—I felt like I belonged."*

~ Tina

## Already been to Puglia

Think you've seen it all? Think again. This experience is *crafted with access you can't find on your own or in typical tours*. Even seasoned travelers will discover something deeper hidden corners, private kitchens, artisan encounters, and curated moments that elevate the familiar into something extraordinary.

Whether it's a private dinner in a frescoed estate, making burrata by hand at a family farm, or walking Matera's ancient paths with a local storyteller you'll see Puglia through a richer, more personal lens.

*"I thought I knew Puglia. This experience brought it alive in a whole new way—luxurious, intimate, and soul-stirring."*

~ Peter



Limited to 12 guests.

📍 Private Transfer from Bari Airport arrival and Brindisi Airport departure.  
Most highlights, food, drink, gratuity included.



April 2026 | 7 Nights

🌟 Learn more details and reserve your place on this unforgettable, soul rich journey. [info@oliveyourlife.org](mailto:info@oliveyourlife.org).

Get a glimpse of what awaits you here:  
[https://youtu.be/fbodGjy33p4?si=99aJ\\_k9MrA\\_LdAJV](https://youtu.be/fbodGjy33p4?si=99aJ_k9MrA_LdAJV)

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