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Juicing Recipe. Tips. Pairing  
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Serves 4-6 peoples

## **DNA- Amore Your Tomato**

### **Ingredients**

**3-4 Medium Tomatoes**  
**3/4 Cucumber**  
**1/2 bell pepper**  
**2 celery stalks**  
**3 carrots**  
**3 sprigs parsley**  
**2 sprigs cilantro**  
**1/2 apple**  
**1 Tbsp Flax Seed**  
**Coconut Water**



**Mix all together in a blender juicer. We have had much success with the Nutrabullet or Vitamixer so far.**

**Enjoy a nutritious pairing with our Fish In A Bag.**

### **Pairing**

Juice - DNA- Fish In A Bag  
Wine - Pinot Noir

**Dario Tomaselli & Anita Heidema**

**Cook together you stay together we say!! 😊**

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